

2012

VOLUNTEERS FOR CHILD PROTECTION (V4CP) REPORT



(Within UN Convention on Rights of the Child)

Submitted by: UGOOD

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- Issues of Child Protection in Pakistan and Possible Response Strategies
- Group Activity
- Question/Answer and Discussion Session

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LAUNCHING CERMONY OF V4CP PROJECT

INTRODUCTION - ABOUT THE PROJECT

United Global Organization of Development (UGOOD) and Plan International Pakistan have joined hands for training and capacity building of Volunteers through a project “Volunteers for Child Protection (V4CP)”. The analysis shows that the Laws and Constitutional guarantees for the Child Protection and Rights or safeguarding Human Rights, particularly among vulnerable groups are in reality seldom upheld. As per findings of UGOOD’s survey, it has been noticed with great concern that the number of vagabond children and street children in the capital has sharply increased over past few years. The most significant reasons for such increase are the Natural or Human made disasters such as Floods, Earthquake, Internally Displaced People and worsening security situation in the Northern parts of the Pakistan due to which millions of people have migrated from Khyber Pakhtunkhawa and Northern areas of Pakistan to Islamabad and its suburbs. These people have migrated to secure some employment and work for livelihood of their families but mostly failed to find such sources and thus increasing the number of unemployed in the City.

The children of families with highly insufficient resources are either made to work for themselves or they become beggars. These children are also vulnerable to various kinds of abuse and violation of Children Rights. Sometimes these children are used by criminals for their illegal activities like terrorism, drug trafficking, theft etc. *It is therefore, extremely important to Protect these Vulnerable Children from abuse and to become a part of criminals activities.*

Project Activities & Implementation Methodology

The purpose of this project is to select, organize and train groups of Volunteers from the community especially from Schools, Colleges and Universities, who shall be responsible to sensitize their respective community members over their roles and responsibilities regarding the Child Protection and Child Rights. The project activities are devised on to meet the objectives through the target groups that are Volunteers from high profile universities of Rawalpindi and Islamabad, community

members and members of different N.G.Os. The theme of the project is to motivate and involve community members, especially Youth to actively contribute for Child Protection and secure them from social abuse.

The volunteers shall collect data and report all cases of children rights violations, children abuse and children crimes, where possible volunteers shall make personal efforts to stop Child Abuse and in case of critical circumstances shall report the cases to Law Enforcement Agencies and other relevant forums. The project shall bring awareness about the fact that apparently little and insignificant efforts from community members can actually bring a colossal change in society. The project shall be launched with the cooperation of Islamabad Capital Territory Police (ICTP), and funded by Plan International Pakistan.

The Snap Short of the Activities of the Above Target Groups

Target Group 1

Volunteers from different high profile universities and individuals from different walks of life who will be scrutinized after short interviews and trained as Master Trainers with overall responsibility for the first step of the training cascade. They will be responsible for carrying out and administering the training of new volunteers by 2nd and 3rd workshops on Child Protection. Master Trainers will be selected regardless to gender and degree program in which they are being enrolled at university with the criteria that they should be possessing strong communication skills with elevated convincing power so that they can carry out the trainings of new Volunteers on Child Protection and sensitize them on different issues of Child Protection.

Target Group 2

Representing the 2nd group of volunteers who will be trained by Master Trainers on different issues of Child Protection by different interactive sessions

Target Group 3

Representing the 3rd group of volunteers who will also be sensitized by the Master Trainers on various issues of Child Protection. This group will include Volunteers from different universities, community

members, and people from different walks of life. The training sessions will include numerous interactive sessions, group tasks, presentations and short documentaries.

PROCEEDINGS OF THE LAUNCHING CEREMONY AND TOT TRAINING WORKSHOP

The launching ceremony of the V4CP Project and Training of Trainers (ToTs) Workshop on Volunteers for Child Protection was held at Plan Pakistan's Auditorium House 4B, Street No. 32, F-7/1 on February 24, 25 and 26, 2012 in Islamabad.

The event was attended by almost all the stakeholders. Those who attended were from Islamabad Police, Civil Society, National Police Bureau, Members of Ministry of Social Welfare and Special Education, Media representatives and Plan Pakistan and UGOOD staff.

After the registration of the participants, Ms. Shehneela Mazhar, Program Manager UGOOD acted as stage secretary. Proceedings were formally opened with the recitation from the Holy Quran. After recitation, Program Manager Plan Pakistan, Mr. Aamir Gilani gave the opening remarks and briefed the participants regarding the workshop. He greeted the worthy guests and participants and briefed them regarding Volunteers for Child Protection V4CP Project. He said "That today is the initiation of first phase of our project in which we will train our volunteers as master trainers which will afterwards conduct the training of upcoming batches of volunteers."



Afterwards the Country Director Plan Pakistan, Mr. Rashid Javed welcomed the participants and stated. “It is indeed an honor for Plan to undertake such a meritorious task to implement human and child rights in the Islamabad Capital Territory through the support of all the stakeholders present at the occasion.” He further said, “This is a step in the right direction, if a country is able to protect its children then nothing can hold back the development and progress it wants to make.”



Thereafter, Ms. Shaisata Bano Gilani described the salient features as well as the objectives of the project. She highlighted the role and functionality of the volunteers who will serve as *“Change Agents”* to lead society in right direction. She added that the aim of the project is to sensitize the volunteers regarding various issues of Child Protection.



She further added that this project will not only improve the Human Rights situation in Islamabad but it will also enhance the image of Islamabad Police and may pretty well become the model project for further interventions.

VOLUNTEERS FOR CHILD PROTECTION V4CP WORKSHOP

February 2012 - May 2012

Volunteers for Child Protection (V4CP)

UGOOD (United Global Organization of Development) in collaboration with Plan International has launched a project titled "Volunteers for Child Protection (V4CP)". Under this project, students of high profile Universities of Twin Cities and individuals from different walks of life were scrutinized and trained as "Volunteers for Child Protection". Apart from Capacity Building, the training program has brought an excellent opportunity for students to have interaction with eminent personalities of social sector and an exposure to the working of International Organizations. The trained students shall be affiliated with Plan International and UGOOD on permanent basis and shall act as "Key Agents for Child Protection" for upcoming activities of the respective organizations on Community Awareness and Sensitization on the burning issues of "Child Protection" in Pakistan especially in Twin Cities. Volunteers were awarded with certificates on the successful completion of the workshop. This TOT was unique in the sense because the TOTs were also assessed on the basis of predefined attributes like behavior, communication skills, punctuality etc. by silent observers and those who secured highest were awarded with prizes in the end.

About UGOOD

United Global Organization of Development-UGOOD is a non-profit, non-political and non-government organization, duly registered with the Government of Pakistan under Trust Act 1882 in Islamabad Capital Territory (ICT). The organization was registered on June 3rd, 2003 with the ambition to strive for the sustainable human developments by working in the areas of Health, Education, Environment, Child Protection, Poverty Alleviation, Women Economic Empowerment-WE, Youth Development Programs-YDP and Volunteers for Social Change-V4SC.

About PLAN INTERNATIONAL PAKISTAN

Founded over 70 years ago, Plan is one of the oldest and largest children's development organizations in the world. It works in 48 developing countries across Africa, Asia and the Americas to promote child rights and lift millions of children out of poverty. Plan works with more

than 3,500,000 families and their communities each year. Plan is independent, with no religious, political or governmental affiliations.

CHILD PROTECTION

Protecting children from violence is a key priority for Plan. Violence against children has a devastating impact - threatening children's survival, development and participation in society. It is widespread and a fundamental breach of their human rights.

Child protection is central to everything Plan does and delivers targeted programs to address specific protection issues - such as child trafficking, corporal punishment in schools, female genital cutting and child marriage. Violence is a global problem and consists of physical, sexual, emotional and psychological abuse and neglect.

Plan was actively involved in the 2006 United Nations Study on Violence against Children, which estimates that worldwide:

- 40,000,000 children are abused each year
- 150,000,000 girls and 73,000,000 boys experience sexual violence
- 1,800,000 children are involved in prostitution and pornography
- 1,200,000 children are victims of trafficking

The vast majority of violence is carried out by people who are part of children's lives: parents, other family members, neighbors, school friends and teachers. Plan does more than introduce short-term fixes for these problems. Our strength lies in working closely on a long-term basis with children, families and communities - and we focus our efforts against violence in these settings. We also work with a range of other stakeholders at local, national and international level to influence policies and help children to reach their full potential.

RATIONALE

As per findings of UGOOD's survey, it has been noticed with great concern that the number of vagabond children and street children in the capital has sharply increased over past few years. The most significant reasons for such increase are the floods and worsening security situation in the northern parts of the country due to which millions of people have migrated from Khyber Pakhtunkhawa and northern areas of Pakistan to Islamabad and its suburbs. These people have

migrated to secure some employment and work for livelihood of their families but mostly failed to find such sources and thus increasing the number of unemployed in the city. The children of families with highly insufficient resources are either made to work for themselves or they become beggars. These children are also vulnerable to various kinds of abuse and violation of Children Rights. Sometimes these children are used by criminals for their illegal activities like terrorism, drug trafficking, theft etc. *It is therefore, extremely important to Protect these Vulnerable Children from abuse and from becoming criminals.*

In response to such situation, UGOOD has taken a special initiative by launching a project titled “Volunteers 4 Child Protection (V4CP)”. The purpose of this project is to select, organize and train groups of volunteers from the community especially from Schools, Colleges and Universities, who shall be responsible to sensitize their respective community members over their roles and responsibilities regarding the Protection of Children Rights. The theme of the project is to motivate and involve community members, especially youngsters to actively contribute for Children Protection and secure them from social abuse.

WORKSHOP OBJECTIVES

Main objectives of the V4CP are as under:-

- a) Through volunteers creating awareness and sensitizing community on their responsibility toward society, state and country and their possible contribution for Protection of Children.
- b) Through volunteers, make efforts to secure Vulnerable Children from social and sexual abuse.
- c) Through volunteers identify children involved in or vulnerable to be involved in criminal activities and with the help of Law Enforcement Agencies, social organizations and NGOs make efforts to secure these children from being used by criminals.
- d) Through volunteers, motivating the community members and ordinary citizen to play proactive role in reducing and eventually eradicating Children Right Violations.

- e) Through volunteers collecting data of street and bagger children for launching Rehabilitation Projects.
- f) Through volunteers creating a system to report Children Right Violations to Law Enforcement Agencies and other relevant forums.
- g) Through volunteers creating linkages between organizations working for Children Rights and Law Enforcement Agencies and other related organizations to launch more organized and effective efforts for Children Rights Protection.
- h) Generally promote a culture of Volunteerism for social service amongst the community members' especially targeting male and female youth and encourage them to contribute for betterment of humanity.
- i) Last but not least Volunteers shall act as an Emergencies Response Team-ERT enthusiastically available for protection of children in case of Natural or Human made Disasters.

DESIGN & METHODOLOGY

Consultants held meetings with members of UGOOD and Plan colleagues and reviewed background documents which were to assist with the design of the workshop. Documents reviewed included: Overall proposal for the project Volunteers for Child Protection V4CP, UNCRC and its articles, Fundamentals of Human Rights, Issues of Child Protection and Possible response strategies, Legal Implications regarding Child Protection in Pakistan, Effective training skills, and Concept of Volunteerism and Referral System.

The workshops were interactive and participatory. A variety of techniques such as; reflection (reconsidering something that has been said or done previously), group activities (working on something with a group of people), brainstorming (expressing their thoughts and ideas), buzz sessions (discussing in small groups, all at the same time), role plays (acting something out) and meta card (cards with one word used to trigger a discussion) were applied during the workshop. These

techniques helped to involve participants at an emotional, cognitive and personal level, contributing to concrete commitments and action plans.

Participants were provided with a set of workshop materials including program agenda (Annex 1), manual, handouts, Templates and the Project Summary.

A preparatory meeting was held at UGOOD Office before these workshops leading to the finalization of materials, process and workshop design with Mr. Aamir Gilani Program Manger Plan Pakistan

TRAINING OF TRAINERS (TOTs) WORKSHOP ON CHILD PROTECTION

On February 24, 25 and 26, 2012

Proceedings of Day-1

The work shop proceedings started with the introduction of all the participants. The workshop participants were from high profile universities of Twin Cities including Quaid e Azam University, NUML University, IIUI, COMSATS, Air University, Bahria University, Iqra University, MAJU, AIOU and others. Thirty five participants attended the ToT workshops.



After introduction, the Program Manager, Plan International Pakistan Mr. Aamir Gilani, delivered opening remarks and elaborated the objectives and importance of the work shop. He briefly discussed about the project that this project has been initiated in the collaboration with UGOOD. He said that the analysis shows that the laws and constitutional guarantees for the protection of Child Rights or safeguarding Child Rights, particularly among vulnerable groups are in reality seldom upheld.

This is mainly because of lack of awareness and absence of referral system. The proposed action attempts to redress this knowledge deficit and this changed behavior pattern within a selected group of volunteers in the country's capital. It aims to demonstrate that given an effective HR & CR oversight management mechanism, meaningful knowledge resources, and effective training delivery, it is possible to improve the capacity of Volunteers.



The proposed action aims for adopting a right-based approach and sensitive behavior.

Session: UNCRC and Current Scenario of Child Rights

Facilitator: Ms. Madiya Khan

After the address of country Director, the Facilitator took over the session and built capacity of volunteers on UNCRC and current scenario of Child Rights. She first of all requested all the participants to identify the child related issues in Islamabad. All the participant brain stormed individually on issues related to Children which was captured on flip charts, and are reproduced below:

1. Children on road
2. Children on streets
3. Children in informal sectors
4. Self Employed Children
5. Vagrant Children
6. Afghan Children
7. Begging Children
8. Child Sexual Abuse in lockups
9. Victims of CSA's-Sodomy
10. Domestic Violence
11. Child Prostitution
12. Child Marriages
13. No recreational activities & entertainment facilities
14. Slum Children Lacking basic Facilities of life
15. Home based Bonded Labor
16. Attitude of Police with Children
17. Drug Addiction



18. Nomadic Children
19. Health Education
20. Rag Pickers(Garbage)
21. Theft
22. Mobile Abuses
23. Hazardous /Non Safe Traffic
24. Underage driving/ Unlicensed
25. Shelter
26. IDPs children
27. Absence of day care centres
28. Minor Children W/R Mothers in Thana
29. Police torturing
30. Forced labour
31. Involment of children in crimes
32. Commercial sexual exploitation
33. Domestic abuses
34. Violence
35. System of probation officer
36. Lack of Lock ups
37. Restorative Justice
38. Girl Children
39. Child Definition
40. Poverty and lack of social nets
41. Special Children with disabilities
42. Minority children
43. Unemployment
44. Freedom of expression
45. Madrassa Culture
46. Parental Negligence



47. Pornography/Internet/ Movie
48. Birth Registration
49. Attitude of Judiciary
50. Punishments in schools
51. Unguarded Swimming
52. Glue snuffing
53. Children + Adults sharing in lockups
54. Handcuffing
55. Lack of coordination between NCPC-CPC
56. Internet cafe's abuses



During the brain storming sessions, volunteers were told about the definition of Child. The United Nations Convention on the Rights of the Child (UNCRC) defines a child as a person under the age of 18 years of age.

Participants were oriented on Rights that Rights are promises or guarantees given to someone by another party (such as Government) .States have the duty to respect, protect and fulfil rights. Moreover Child Rights are set of promises made by the government (including the Government of Pakistan through ratification of the UN Convention on the Rights of the Child) to uphold and fulfill.

- Afterwards UNCRC and its articles were discussed. The United Nations Convention on the Rights of the Child (UNCRC) is a comprehensive, internationally binding agreement on the rights of children, adopted by the UN General Assembly in 1989. It incorporates children's:
 - **Civil and political rights** (like their treatment under the law);
 - **Social, economic and cultural rights** (like an adequate standard of living); and

- **Protection rights** (from abuse and exploitation).
- Volunteers were also told that There are four main sections to the UNCRC
- **Preamble**, which sets out the major underlying principles of the UNCRC and provides a context for it;
- **Substantive articles**, which set out the rights of all children and the obligations of governments (Part I, Articles 1-41);
- **Implementation provisions**, which define how compliance with the UNCRC is to be monitored and fostered (Part II, Articles 42-45); and
- The **conditions** under which the UNCRC comes into force (Part III, Articles 46-54).



It was concluded that The UNCRC has adopted an integrated and holistic approach to the rights of the child, not least because economic, social and cultural rights are dealt together with civil and political rights. Moreover, rights are not ranked in order of importance; instead they interact with one another to form dynamic parts of an integrated document.

Session: “Issues of Child Protection in Pakistan and Possible Response Strategies”

Facilitator: Ms Madiya and Samina Sardar

After lunch break, Ms. Madiya and Ms. Samina Sardar from Plan International conducted session on ‘Issues of Child Protection in Pakistan and Possible Response Strategies. Volunteers were shown PowerPoint presentations and the session was made interactive by the instructors, who provided the volunteers open space to raise questions and clear their queries.

Participants were sensitized on different concepts like abuse and its types, neglect, exploitation and violence. **Abuse** is a **deliberate act of ill treatment** that can harm or is likely to cause harm to a child’s safety, well- being, dignity and development. It includes all forms of physical, sexual, psychological and emotional ill treatment.

The following myths and facts were discussed about Children with participants of the workshop.

At the end, the volunteers were divided in four groups and were asked to write down the possible ways in which community, government, parents, and children themselves can add to the protection of Children. Later on, these groups were asked to share the noted down points with their fellows and a healthy debate was generated. With this, the first day's Sessions were ended. Side by side the UGOOD observers were recording their observations regarding the performance and behavior of participants on individual basis.

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The session was followed by a Question and Answer Session in which the participants raised their queries and the experts cleared away the queries of participants very humbly. The first day ended in lunch break and pack up.

Proceedings of the Day 2

The proceedings on Day 2 involved a recap of the lessons from Day 1 and to make the project design, action planning and way forward, building on these lessons through Group Activities and active contribution from all the participants.

- 1) *Children are mainly abused by people they know and trust.*
- 2) *Women also sexually abuse children.*
- 3) *Most Children who are abused do something to cause the abuse.*
- 4) *Girls are much more likely to be abuse than boys.*
- 5) *Children with disabilities and younger children are more likely to be abused than older children.*
- 6) *Children natural resilience means that they recover quickly from abuse.*
- 7) *It is more acceptable in some cultures for children to be abused.*
- 8) *It is only adults that are responsible for abuse.*
- 9) *Children often falsely accuse adults of child abuse/ exaggeration*
- 10) *Child abusers are not easy to identify.*

1. Recap of Day-1

The first day of the workshop was recapped in terms of learning's and points to ponder. The three major lessons were highlighted pertaining to:

- Awareness of UN Convention on the Rights of Child
- Awareness of Child Rights issues
- Current Scenario of Child rights in Pakistan

Session: Gender Sensitivity and Gender Based Violence

Facilitator: Ms. Shamyalla from Plan International Pakistan

Ms. Shamyalla Associate Advisor Plan International Pakistan conducted session on “Gender Sensitivity and Gender based Violence”. This session enabled the volunteers to know the difference between Sex and Gender? Sex refers to the biological and physiological characteristics that define men and women.

And Gender to the socially constructed roles, behaviors, activities, and attributes that a given society considers appropriate for men and women.



"Male" and "female" are sex categories, while "masculine" and "feminine" are gender categories.

Participants also had a brainstorming session on what is Gender Based Violence and they agreed upon the definition that **Gender-Based** violence: violence that occurs based on gender roles, expectations, limitations, etc. GBV therefore affects females in most societies; males are also

victims/survivors of GBV, but most gender discrimination occurs against females because they are disempowered in most societies as compared to their male counterparts.

ACTIVITY

Participants were divided into four groups and they were asked to write that which categories of Children are most vulnerable to G.B.V.? Afterwards the groups were asked to present their jotted down points with their fellows. This session added a great deal in the knowledge of the participants.

Session: Fundamentals of Human Rights
Facilitator: Jahangir Durrani from UNHCR

After a short tea break, the session resumed and it was headed by Mr. Jahangir Durrani. The aim was to sensitize participants on the concept of Human Rights, with the focus on the Human Rights frame work in Pakistan.

The session started with brainstorming session in which the participants discussed their point of view about what is difference between the “Needs and Rights”. Moreover it was also discussed that “What will happen if Rights will be violated?” The replies from the participants were that it would result in Sufferings, Injustice, Violence, Inequality, Abuse of Power, Corruption and Wars etc.



The recent history of Universal Declaration on Human Rights (UDHR) was also discussed. Moreover core Legal Documents on Rights were also discussed.

The next part of the session was regarding the Fundamental Rights in the Constitution of Pakistan 1973 including Rights to Life & Liberty, Rights to Equality, Rights to Freedom, Rights to Property, Rights to Culture, Social Rights etc.

After this, following picture was presented and house was open for debate.

The discussion was that despite all the legislation, children are dying because of hunger and the stated laws are just confined to documents. When there comes the question of practical application, then what we see everywhere are injustices, sufferings, inequality, abuse of power, corruption, wars...

It was discussed that the way forward for the cure of all this can be

- A Firm Political Will
- Making Necessary Legislations
- Institutionalization Approach:
- Implementation Mechanisms
- Awareness
- Incorporate the Human Rights concept in the School Curricula



On the whole, it can be concluded that Rights are divine, common to all human being irrespective of their gender, age, race, religion, nationality, colour or creed, and refer to those rights that have been recognized by the global community & protected by the legal instruments.

Session: Legal Implications Regarding Child Protection in Pakistan

Facilitator: Mr. Noman Amin Farooqi (Advocate High Court)

After Launch break the session resumed, and in that session, Legal Implications Regarding Child Protection in Pakistan was discussed. Mr. Noman enlightened the participants on the rights of Child that a child has following rights.



- Right to survive, live and develop healthy
- Right to registration of name, nationality and Care
- Right to have an identity and official record
- Right to live with the parents and family reunification
- Protection against sale of children, child prostitution and child pornography
- Respect view of the Child
- Freedom of expression, thought, conscience, religion and association
- Right to privacy
- Access to information, parental responsibility, family environment and adoption
- Protection against violence
- Refugee children and disabled children
- Health & health services
- Review of treatment in care
- Social security & adequate standard of living
- Right to education, leisure, play and culture
- Protection against labor
- Protection against drug abuse
- Protection against sexual exploitation
- Protection against abduction, sale and trafficking
- Detention and punishments
- War & armed conflicts
- Rehabilitation
- Juvenile Justice System
- Knowledge of rights

He also shared some facts and figures regarding Child Protection Issues in Pakistan.

- Million Children are on the streets of Pakistan involved in drug use, begging, sexual abuse
- 19.5 Million Children are of Primary School age group out of which 6.8 million are out of school and only 54.6% complete the education till 5th Grades.
- One in every four urban households employs a child domestic worker
- Seventy five of thousand infants born die before reaching their first birthday
- One in every ten does not survive their fifth birthday
- Majority of deaths are due to diarrhea, pneumonia and other vaccine preventable diseases
- More than 1,000 infants – most of them girls – were killed or abandoned to die in Pakistan in 2010

Afterwards, he discussed the Legal Framework of Child Rights in Pakistan.

According to constitution of Pakistan, we have following documentation.

- Article 3 - "ensure the elimination of all forms of exploitation and the gradual fulfilment of the fundamental principle, from each according to his ability, to each according to his work".
- Article 11 - prohibits "forced labour" and the employment of children below 14 years of age, in "any factory or mine or any other hazardous employment".
- Article 35 & 37(e) - requires the state to protect the "child" and make provisions for securing "just and humane conditions of work ensuring that children....are not employed in vocations unsuited to their age...."

ACTIVITY

After the presentation, Volunteers were asked to divide themselves into groups and discuss the stated different Laws regarding Child Protection.

Proceedings of Day 3:

The proceedings on Day 2 involved a recap of the lessons from Day 2 and to make the project design, action planning and way forward, building on these lessons through Group Activities and active contribution from all the participants. The recap session was indeed a brain storming session and it recapitulated the previous day's activities and learning.

Session: Volunteerism and Referral System
Facilitator: Syed Ishtiaq Ul Hassan Gilani (CEO UGOOD)

The Session began with an activity, in which the participants were divided into four groups and they were asked to jot down as many tasks which they can perform with their hands “What Can You Do With Your Hands?” The participants really enjoyed the activity. The basic notion was to give the participants the concept of “Helping Hands”.

Mr. Gilani started with the introduction of UGOOD that United Global Organization of Development-

He enlightened the participants on the concept of Volunteerism that a "Volunteer" is anyone who, without compensation or expectation of compensation beyond reimbursement, performs a task in support of certain aims and objectives.

He also discussed the Volunteers for Child Protection V4CP Project and the objectives of the workshop which are:

- ✓ Awareness
- ✓ Sensitization
- ✓ Identification
- ✓ Motivation
- ✓ Data Collection
- ✓ Systemization
- ✓ Promotion of Culture of Volunteerism
- ✓ ERT (Emergency Response Team)



He afterwards told the Volunteers about their duties that their duties include

- Education of people around you on Child Rights and Protection Including your parents, friends, peers, colleagues, neighbors
- Creating Awareness about Child Rights and Protection e.g. by making a chart and displaying in your university/college
- Vigilance on Child Rights Violations- Be attentive
- Reporting of Incidents to UGOOD - V4CP

The workshop also ended in the formation of V4CP Cell and Referral System

- ❖ Referral system is totally based on effective & efficient reporting from Volunteers
- ❖ UGOOD-V4CP Cell shall be the center for reporting
- ❖ UGOOD-V4CP shall have at least three members:
 - a) Children Rights Expert
 - b) Lawyer
 - c) Executive Member of UGOOD
- ❖ The members of UGOOD-V4CP shall consider each case reported by volunteers for appropriate action.

V4CP Cell may refer the case to:

- Law Enforcement Agencies i.e. Police
- District Administration i.e. DCO
- Any NGO, if the Child needs food, shelter, health treatment etc.
- Media
- Government
- Courts of Pakistan

V4CP Cell can be contacted in case of

- Observing a Child Right Violation
- You want to share an observation that could lead to Child Rights Violation
- You want to report your activities/achievements
- You want to share a new idea about UGOOD-V4CP

Contact details of V4CP cell

- Email: volunteers@ugood.org
- Cell Number (Preferably in case of emergency) 0300 500 0774
- By mail: Office No.2, 2nd Floor, Shahnawaz Plaza, G-11 Markaz, Islamabad.

- Tel: (051) 210 6351-3
- Fax: (051) 210 6353

Session: Training Skills of an Effective Trainer
Facilitator: Dr. Fakhir

After tea break, the session was headed by Dr. Fakhir, who trained the volunteers on the “Training skills of an effective trainer”. This session helped the volunteers that how they can become effective trainers and how that training can be executed.

The session began with an activity in which the volunteers were asked to pick a grain from the pile of grains and afterwards Dr. Fakhir told the volunteers that as all the grains being picked by participants are not same, in the same way everyone cant become a master trainer .For a person to become a master trainer, he should have command on his subject matter and he should posses strong management skills to cater the mentality of the mob.

He discussed a number of qualities of an effective trainer that an effective trainer is

- A facilitator
- A designer
- A networker
- A quality manager
- An organizer
- A researcher
- An “actor”
- An assessor
- A motivator



He also told the participants that the training process includes

1. Assess training needs
2. Formulating aims and objectives
3. Planning and designing of training
4. Training implementation
5. Training evaluation

This was the last Training Sessions of the Training of Trainers (ToTs) Workshop on Volunteers for Child Protection (V4CP).

Closing Remarks: Executive Member UGOOD Ms. Shaista Bano Gilani

Ms. Shaista Gilani congratulated the volunteers on the successful completion of the training and acknowledged the enthusiasm and zeal and fervor of the participants.

“The importance of the issue of Child Protection can be taken into account from here that I came to attend this workshop along with my Students”

Certificate Awarding Ceremony

All the Volunteers who participated in the training workshop were awarded with the Certificates on the successful completion of the 3 days ToTs workshops.

Since this TOT was exceptional in the sense because, there were deployed silent observers who observed the performance of the volunteers on different grounds. Based on this assessment, three Volunteers were given special prizes on the basis of their scores being recorded by the Observers.

Ms. Maham from Quaid e Azam University (First Prize)

Ms. Shazia Jamal from SEHER Organization (Second Prize)

Ms. Afshan from UGOOD (Third Prize)

The observers included Professor Mehmood Ahmed Qureshi from Quaid e Azam University who really appreciated the devotion of participants. He also said that the importance of the issue of Child Protection can be taken into account from here that he himself has come to attend this workshop along with his students.

Second observer was Ms. Urooj Syami, Social worker and Current Affairs Producer at Capital T.V. She performed the duty of assessing the performance of participants very well. In her comments, she articulated that this concept of volunteerism and Child Protection should be included in curriculum. She really acknowledged the efforts of UGOOD and Plan International Pakistan towards Child Protection.

Afterwards, the volunteers signed the code of conduct to abide by the ethical considerations.

The training workshop met a complete success and with three days TOT training workshop, a batch of 35 volunteers was made, who were later on supposed to train the 75 more Volunteers.

Moreover, via focus groups discussions and informal sessions, these TOTs executed this training. Likewise each of the volunteer of TOT was asked to nominate two more volunteers for the upcoming 2nd and 3rd training workshop.

Vote of Thanks

Mr. Rashid Javed Country Director Plan International Pakistan

Mr. Rashid Javed Country Director Plan International Pakistan shared his thoughts. He congratulated the Volunteers on the successful completion of the 3 days ToTs workshop. He shared his views and asked the volunteers to become the agents of the change and set example for others.

SECOND WORKSHOP ON CHILD PROTECTION ON MARCH 17 AND 18, 2012

Auditorium of Islamabad Stock Exchange-ISE Tower

Welcome by Ms. Shehneela Mazhar

The second training workshop was held on March 17 and 18, 2012 at Auditorium of Islamabad Stock Exchange Tower. This workshop was special in the sense at it included the second target group of Volunteers which was trained by Master Trainers who underwent 3 days ToTs workshop.

Proceeding of Day 1:

The format of the workshop was same as that TOT Training of Training of Trainers Workshop, except that this time instead of professional facilitators and experts, the training sessions were conducted by volunteers who attended TOT Workshop and accomplished the training successfully as Master Trainers.

Ms. Shehneela Mazhar Program Manger UGOOD welcomed the participants after registration and preceded the activities as a stage secretary. The proceedings formally began after recitation from Holy Quran. Recitation was followed by the introduction of participants in which participants introduced themselves and told briefly about themselves.

Opening Remarks by Mr. Aamir Gilani Program Manger Plan International Pakistan

Mr. Aamir Gilani gave opening remarks and briefed the participants about the workshop objectives and workshop plan of action. He told the volunteers that particularly after the Floods, the number of street children has rose in Islamabad and this has given rise to the protection issues of these children.

Welcome Remarks by Syed Ishtiaq ul Hassan Gilani CEO UGOOD

Syed Ishtiaq Ul Hassan Gilani briefly discussed about the project that this project has been initiated in the collaboration with Plan Pakistan. He said that the analysis of current scenario shows that the laws and constitutional guarantees for the protection of Child Rights or safeguarding Child Rights, particularly among vulnerable groups are in reality seldom upheld. Although laws are present but they are present but they are confined to just the documents, when there come the practical application of these laws, we see silent lips and blank faces.

Project briefing by Ms. Shaista Bano Executive Member UGOOD

Ms. Shaista Bano Executive Member UGOOD briefed the participants about the Project. She told the participants that this is their 2nd training workshop. Previously TOT was conducted in which the 35 volunteers were trained as Master Trainers and in this fresh batch of volunteers; our Master Trainers will sensitize the volunteers on different issues of Child Protection.

Session: UNCRC and Current Scenario of Child Rights in Pakistan

Facilitator: Kiran Qureshi

The objectives of the session were

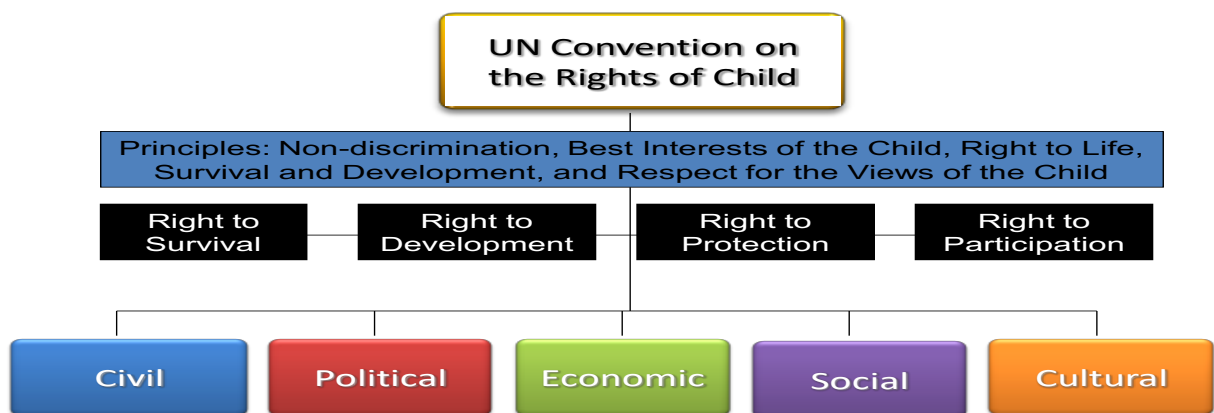
- Orientation on who is a child and what is a “Right”?
- Orientation of what are child rights
- Orientation on UNCRC

A Healthy debate was generated and after wards participants were told that “Any person under the age of 18 years is a Child.” The United Nations Convention on the Rights of the Child (UNCRC) also defines a child as a person under the age of 18 years of age.

She also told the volunteers that Rights are promises or guarantees given to someone by another party (such as Government) and states have the duty to respect, protect, and fulfil rights.

Participants were also told that Child Rights are set of promises made by the government (including the Government of Pakistan through ratification of the UN Convention on the Rights of the Child) to uphold and fulfill.

The next part of the session was an orientation on UNCRC.



- Participants were told that The United Nations Convention on the Rights of the Child (UNCRC) is a comprehensive, internationally binding agreement on the rights of children, adopted by the UN General Assembly in 1989. It incorporates children's:
- **Civil and political rights** (like their treatment under the law);
- **Social, economic and cultural rights** (like an adequate standard of living); and
- **Protection rights** (from abuse and exploitation).
- Participants were also enlightened that There are four main sections to the UNCRC:

- The **Preamble**, which sets out the major underlying principles of the UNCRC and provides a context for it;
- The **substantive articles**, which set out the rights of all children and the obligations of governments (Part I, Articles 1-41);
- The **implementation provisions**, which define how compliance with the UNCRC is to be monitored and fostered (Part II, Articles 42-45); and
- The **conditions** under which the UNCRC comes into force (Part III, Articles 46-54).

In reply to a question, Ms. Kiran told the participants that Within the UNCRC, four articles are afforded special emphasis, as they are basic to the implementation of all other rights. These four articles are often referred to as 'general principles'. These are:

- That all the rights guaranteed by the UNCRC must be available to all children without discrimination of any kind (Article 2);
- That the best interests of the child must be a primary consideration in all actions concerning children (Article 3);
- That every child has the right to life, survival and development (Article 6); and
- That the child's view must be considered and taken into account in all matters affecting him or her (Article 12).

So, on the whole it can be concluded that The UNCRC has adopted an integrated and holistic approach to the rights of the child, not least because economic, social and cultural rights are dealt together with civil and political rights. Moreover, rights are not ranked in order of importance; instead they interact with one another to form dynamic parts of an integrated document.

Session: Issues of Child Protection in Pakistan and Possible Response Strategies
Facilitator: Ms. Shazia Jamal

The next session was on Issues of Child Protection in Pakistan and Possible Response Strategies. The session was headed by Ms. Shazia Jamal Program Officer SEHER Organization who previously attended the 3 days ToTs workshops and this time she was going to build the capacity of Volunteers on the above stated topic.

Ms. Shazia Jamal cleared the concepts of participants on various topics and told them that

- **Abuse** is a **deliberate act of ill treatment** that can harm or is likely to cause harm to a child's safety, well-being, dignity and development. It includes all forms of physical, sexual, psychological and emotional ill treatment.
- **Physical Abuse** which includes hitting, shaking, burning, pinching, biting, choking, throwing, beating.
- **Emotional or psychological abuse:** It includes humiliating and degrading treatment such as bad name calling, constant criticism, belittling, persistent shaming, isolating, ignoring, rejecting, making fun of a child, silent treatment
- **Sexual abuse** includes all forms of sexual violence including incest, early and forced marriage, and rape, involvement in pornography, indecent touching or exposure, using sexually explicit language towards a child and showing children pornographic material.

In a reply to a question that what is neglect? She told the participants of the workshop that deliberately, or through carelessness or negligence, failing to provide for, or secure for a child, their physical safety and development is called neglect. Neglect includes abandonment, the failure to properly supervise and protect children from harm as much as is feasible, the deliberate failure to provide medical care or carelessly exposing a child to harm for examples can amount to neglect.

- Not meeting a child's need for cleanliness, clothing, emotional support, love and affection, education, nutritious food, clothing, adequate shelter or safety;
- Leaving a child unwatched and unsupervised;
- Leaving a child in an unsafe place or causing a child to be in a dangerous situation or place;
- Not seeking necessary medical or dental attention for a child when it is urgently needed.

ACTIVITY

After the session, the participants were divided into 4 groups and were asked to write down the types of abuses. Later on, these groups were asked to present their noted down points to their fellows.

Session: Gender Sensitivity and Gender Based Violence
Facilitator: Hira Qureshi

After tea break, the session resumed and the session was headed by Ms. Hira Qureshi who sensitized the participants on Gender Sensitivity and Gender Based Violence.

She started with the difference between Sex and Gender and told the participants that

Sex: refers to the biological and physiological characteristics that define men and women.

Gender: to the socially constructed roles, behaviors, activities, and attributes that a given society considers appropriate for men and women.

Moreover, she also elaborated that "Male" and "female" are sex categories, while "masculine" and "feminine" are gender categories.

She afterwards told the participants that any physical, sexual and psychosocial *harm* that is committed against a person as a result of *power* inequalities that are based on *gender* roles is Gender Based Violence.

Gender Based Violence includes:

- Harmful traditional practices (child marriage, honor killing)
- Physical violence (corporal punishment)
- Domestic or intimate partner violence (abuse of a woman by her male partner)
- Socio-economic violence (denial of widow inheritance)
- Emotional and psychological violence (forced confinement in the home)

The next point in the discussion was that why we specifically talk about Gender Based Violence not just violence? The reply to this query was that violence that occurs based on gender roles, expectations, limitations, etc. GBV therefore affects females in most societies; males are also victims/survivors of GBV, but most gender discrimination occurs against females because they are disempowered in most societies as compared to their male counterparts.

ACTIVITY

Afterwards, the volunteers were shown a short documentary addressing Gender Based Violence, which left the participants with a thought. The attendants of the workshop were asked to jot down as many points as they can which type of Children are most vulnerable to Gender-Based violence?

The participants wrote that certain Children are ‘more Vulnérable’ to GBV including Sexual Violence

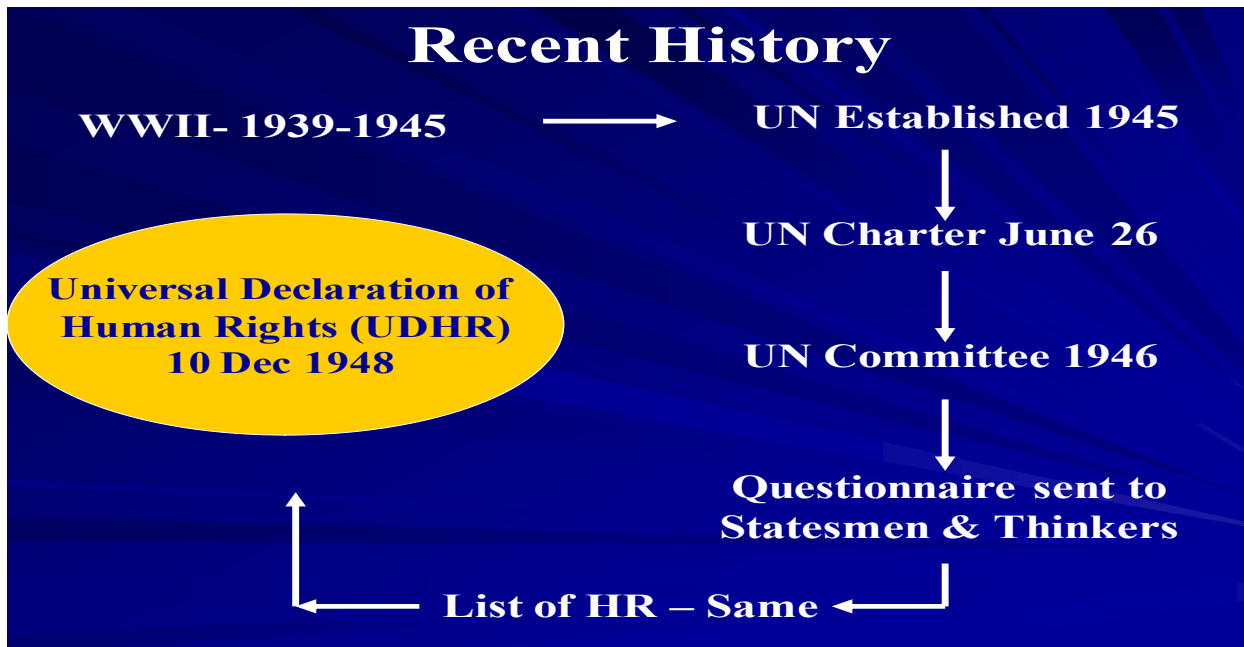
- Girls
- Adolescents
- Séparâtes Children
- Handicape Children
- Children have to go out for work alone
- Girls Associates with Armed Groups or Forces
- Children who are displaced or separated from their community or family protection (e.g. street children)
- Children who have already experienced sexual violence (e.g. girls who are raped forced to marry the rapists or seen as ‘impure’)
- Depending on the situation married women and girls may be more vulnerable (to violence by their husbands) or unmarried women and girls (because they are less likely to have STDs)

Session: Fundamentals of Human Rights

Facilitator: Mr. Sohail Asgher Bajwa

The aim of this session was to to sensitize participants on the concept of human rights, with the focus on the human rights frame work in Pakistan. Mr. Sohail Asgher sensitized the participants on Fundamentals of Human rights. He firstly told the difference between Rights and Needs.

He also discussed the recent history of Universal Declaration on the Rights of Children.



Afterwards, he also quoted some articles from UDHR like

- All human beings are born free & equal in dignity & rights (Art.1)
- Everyone is entitled to all the rights & freedoms
- Set forth in this Declaration, without distinction of any kind(Art. 2)
- Everyone has the rights to life, liberty & security of person (Art. 3)
- No one shall be subjected to torture or to cruel, inhuman or degrading treatment or punishment (Art5)
- All are equal before the law and are entitled without any discrimination to equal protection of the law (Art7)
- No one shall be subjected to arbitrary arrest, detention or exile (Art. 9)
- Everyone is entitled in full equality to a fair & public hearing by an independent and impartial tribunal, in the determination of his rights and obligations and of any criminal charge against him (Art.10)
- Everyone charged with a penal offence has the
- Right to be presumed innocent until proved guilty to law in a public trial at which he has had all guarantees necessary for his defense (Art 11)
- Everyone has the right to seek and to enjoy in other countries asylum from persecution (Art 14)

Afterwards, Mr. Sohail Asgher Bajwa discussed the Rights in perspective of 1973 Constitution of Pakistan.

At the end, he said that keeping an eye on all the ground realities, the need of hour is that we should move from **“Need Based Approach to Right Based Approach“**

The whole debate was concluded as that **Rights are divine, common to all human being; irrespective of their gender, age, race, religion, nationality, colour or creed, and refer to those rights that have been recognized by the global community & protected by the legal instruments.**

PROCEEDINGS OF DAY 2

The second and final day of the workshop began with the recapitulation of the previous day’s activities which was in fact the warm up session for the upcoming activities of the day.

Session: Legal Implications Regarding Child Protection in Pakistan
Facilitator: Mr. Nauman Amin Farooqi (Advocate High Court)

Advocate Nauman Amin Farooqi discussed the legal Implications regarding Child Protection in Pakistan. He quoted some important facts and figures like

- 1979 - International Year of Child;
- Proposal for a new and more comprehensive international convention on the rights of the child was forwarded by Poland;
- The Convention on Rights of Child (CRC) approved by UN General Assembly on 20-11-1989;
- 20th November - Children Day
- On 2-09-1990 it received the required ratifications and came into force;

- 12-11-1990 Pakistan became a signatory to the CRC;
- 30-06-1996 182 state parties ratified CRC

Afterwards, he enlightened the participants on different rights of children including

- Right to survive, live and develop healthy
- Right to registration of name, nationality and Care
- Right to have an identity and official record
- Right to live with the parents and family reunification
- Protection against sale of children, child prostitution and child pornography
- Respect view of the Child
- Freedom of expression, thought, conscience, religion and association
- Right to privacy
- Access to information, parental responsibility, family environment and adoption
- Protection against violence
- Refugee children and disabled children
- Health & health services
- Review of treatment in care
- Social security & adequate standard of living
- Right to education, leisure, play and culture
- Protection against labour
- Protection against drug abuse
- Protection against sexual exploitation
- Protection against abduction, sale and trafficking
- Detention and punishments
- War & armed conflicts
- Rehabilitation
- Juvenile Justice System
- Knowledge of rights

He also shared a fact sheet regarding the Rights of Children, in which alarming facts and figures were there.

- ✓ Million Children are on the streets of Pakistan involved in drug use, begging, sexual abuse
- ✓ 19.5 Million Children are of Primary School age group out of which 6.8 million are out of school and only 54.6% complete the education till 5th Grade
- ✓ One in every four urban households employs a child domestic worker
- ✓ Seventy five of thousand infants born die before reaching their first birthday
- ✓ One in every ten does not survive their fifth birthday
- ✓ Majority of deaths are due to diarrhea, pneumonia and other vaccine preventable deceases
- ✓ More than 1,000 infants – most of them girls -- were killed or abandoned to die in Pakistan in 2010

This session enlightened the participants regarding legal Implications in context with Child rights in Pakistan.

Session: Volunteerism and Referral System
Facilitator: Syed Ishtiaq Ul Hassan Gilani

The next session was on Volunteerism and Referral system which was headed by CEO UGOOD Syed Ishtiaq ul Hassan Gilani. The session began with an activity, in which the participants were divided into four groups and they were asked to jot down as many tasks which they can perform with their hands. The participants really enjoyed the activity. The basic notion was to give the participants the concept of “Helping Hands”.

Syed Ishtiaq Ul Hassan Gilani started with the introduction of UGOOD that United Global Organization of Development-UGOOD is a non-profit, non-political and non-government organization, duly registered with the Government of Pakistan under Trust Act 1882 in Islamabad Capital Territory (ICT).

He enlightened the participants on the concept of Volunteerism that a "Volunteer" is anyone who, without compensation or expectation of compensation beyond reimbursement, performs a task in support of certain aims and objectives.

He also discussed the Volunteers for Child Protection V4CP project and the objectives of the project which are

- Awareness
- Sensitization
- Identification
- Motivation
- Data Collection
- Systemization
- Promotion of Culture of Volunteerism
- ERT (Emergency Response Team)

After this he told the participants about their duties that their duties include

- Education of people around you on Child Rights and Protection Including your parents, friends, peers, colleagues, neighbors
- Creating Awareness about Child Rights and Protection e.g. by making a chart and displaying in your university/college
- Vigilance on Child Rights Violations- Be attentive
- Reporting of Incidents to UGOOD-V4CP

He also told the volunteers about their target areas where the volunteers are supposed to stay vigilant.

- Markaz & Markets
- Mosques, Imam Bargahs, Church
- Schools, Colleges, Universities
- Public Parks
- Housing Societies
- Hospitals
- Weekly bazaars

- Restaurants & Hotels
- Office Building
- Resident area sectors
- Roads & streets
- Bus stops
- Intersections

He also enlightened the participants on V4CP Cell and Referral System and said that

- ❖ Referral system is totally based on effective & efficient reporting from Volunteers
- ❖ UGOOD-V4CP Cell shall be the center for reporting
- ❖ UGOOD-V4CP shall have at least three members:
 - a) Children Rights Expert
 - b) Lawyer
 - c) Executive Member of UGOOD
- ❖ The members of UGOOD-V4CP shall consider each case reported by volunteers for appropriate action.

After wards contact details of V4CP Cell were shared with the volunteers.

Session: Effective Training Skills
Facilitator: S. Saleem Shah

The last session of the 2nd workshop was on Effective Training Skills, which was headed by S. Saleem Shah. He gave the participants some important tips regarding Effective Training Skills.

After telling that who is a Trainer, S.Saleem Shah also quoted the trainer competencies which include

- ❖ Learner focus
- ❖ Communication
- ❖ Innovation
- ❖ Leadership
- ❖ Personal effectiveness
- ❖ Resource management
- ❖ Result orientation

- ❖ Strategic thinking
- ❖ Team work
- ❖ Versatility
- ❖ Awareness of system

With this the, the presentations came to an end.

After signing the code of conduct, certificated were awarded among the participants after the successful completion of training by Ms. Sundas Jamal from NDMA and Executive body of UGOOD and Plan International Pakistan.

Later on, observer Mr. Anser from Global Vision Organization congratulated both the organizations and volunteers on the successful training of Workshop. He asked the volunteers to spread this awareness among their peer groups and fellow members.

Afterwards Ms. Sundas Jamal from NDMA shared her thoughts about the workshop. She really acknowledged the efforts of UGOOD and Plan International Pakistan towards Child Protection. Next, Executive Member UGOOD, Ms. Shaista Gilani congratulated the volunteers on the successful completion of the training.

Later on Program Manager from Plan International Rashid Mr. Aamir Gilani congratulated the volunteers on the successful completion of the workshop. He shared his thoughts and asked the volunteers to become the agents of the change and set example for others.

After signing the code of conduct, the day ended in group photos and Lunch time.

THIRD WORKSHOP ON CHILD PROTECTION ON APRIL 28 & 29, 2012

Auditorium of Islamabad Stock Exchange-ISE Tower Blue Area Islamabad

Welcome by Ms. Shehneela Mazhar

The third training workshop of Volunteers on Child Protection V4CP was held on April 28 and 29 at Auditorium of Islamabad Stock Exchange. The target audience for this workshop was a batch of fresh volunteers who were to undergo training sessions on Child Protection.

Proceeding of Day-1

The format of the workshop was same as that TOT Training of Trainers Workshop and that of 2nd training workshop of volunteers on Child Protection V4CP. The volunteers were from IIUI, Bahria University, Iqra University, NUML, FAST, Preston University, Air University, AIOU, Leads College, Fazaia Inter College and others.

Ms. Shehneela Mazhar Program Manger UGOOD welcomed the participants after their registration and preceded the activities as a stage secretary. The proceedings formally began after recitation from Holy Quran. Recitation was followed by the introduction of participants in which participants

introduced themselves and told briefly about themselves and their any prior exposure regarding children.

Opening Remarks by Mr. Aamir Gilani Program Manger Plan International Pakistan

Mr. Aamir Gilani gave opening remarks. He briefed the participants about the objectives of the workshop and briefed the workshop plan of action. He told the volunteers that particularly after the earthquake and floods, as the a lot many people have moved to the capital. This migration has given rise to the large number in Islamabad and has initiated the protection issues of these children.

Welcome Remarks by Syed Ishtiaq ul Hassan Gilani CEO UGOOD

Syed Ishtiaq ul Hassan Gilani briefly discussed about the project that this project has been initiated in the collaboration with Plan Pakistan. He said that the analysis of current scenario shows that the laws and constitutional guarantees for the protection of Child Rights or safeguarding Child Rights, particularly among vulnerable groups are in reality seldom upheld. Although laws are present but they are present but they are confined to just the documents, when there come the practical application of these laws, we see silent lips and blank faces.

Project briefing by Ms. Shaista Bano Gilani Executive Member UGOOD

Ms. Shaista Bano Gilani Executive Member UGOOD briefed the participants about the Project. She told the participants that this is their 3rd training workshop. Previously TOT was conducted in which the 35 volunteers were trained as Master Trainers and in this fresh batch of volunteers and 2nd training workshop regarding Child Protection. In the previous workshop our Master Trainers have sensitized the volunteers on different issues of Child Protection. Now, this is going to be our third and final workshop and we are going to achieve our target of training 100 volunteers on Child Protection.

Session: Fundamentals of Human Rights
Facilitator: Ms. Madiha Mukhtar & Ms. Zainab Arshad Malik

The aim of this session was to to sensitize participants on the concept of human rights, with the focus on the human rights frame work in Pakistan. Ms. Madiha Mukhtar and Ms. Sidra Khan sensitized the participants on Fundamentals of Human rights. They firstly told the difference between Rights and Needs.

Moreover it was also discussed that that what will happen if Rights would be violated? The reply was that everywhere there will be sufferings, injustice, violence, inequality, abuse of power, corruption, wars...And this is exactly the same, which is happening these days.

They also discussed the recent history of Universal Declaration on the Rights of Children. When there comes the question that who is responsible for execution of all these rights. The answer is

- a) Judiciary
- b) Society
- c) International Community
- d) Media
- e) And above all The STATE

Ms. Zainab Arshad Malik also stated the recent history of establishment of UDHR. When there come the question that what are the primary sources of guidance to live in peace and harmony with others? The answer is Religion, Education, Home, Society, Culture, Norms etc.

Ms. Madiha Mukhtar stated the Core International Legal Instruments on Human Rights which include

- ❖ Universal Declaration of HR 1948
- ❖ International Covenant on Civil & Political Rights 1966
- ❖ International Covenant on Economic, Social & Cultural Rights 1966
- ❖ In reply to a question she told about Pakistan' Ratification Status and stated that
- ❖ Convention on the Rights of the Child (CRC) 1990
- ❖ Convention on the Elimination of All form of Discrimination Against Women (CEDAW) 1996
- ❖ International Convention on the Elimination of All Forms of Racial Discrimination 1966
- ❖ Convention on the Prevention and Punishment of the Crime of Genocide
- ❖ International Covenant on Civil and Political Rights, 1966
- ❖ The Convention against Torture and other Cruel, Inhuman or Degrading Treatment or Punishment 1984.

At the end it was concluded that The Way-Forward is the Paradigm Shift i.e., From Need based to Rights based approach.

In short, it can be concluded that Rights are divine, common to all human being; irrespective of their gender, age, race, religion, nationality, colour or creed, and refer to those rights that have been recognized by the global community & protected by the legal instruments.

Session: UNCRC and Current Scenario of Child Rights in Pakistan
Facilitator: Noor Ul Ain

At the start of the session, participants were given a short questionnaire to mark out that what is the age of Child according to them? Afterwards a healthy debate was generated and participants were told that according to UNCRC “Any person under the age of 18 years is a Child”.

She also told the volunteers that Rights are promises or guarantees given to someone by another party (such as Government) and states have the duty to respect, protect, and fulfil rights.

Participants were also told that Child Rights are set of promises made by the government (including the Government of Pakistan through ratification of the UN Convention on the Rights of the Child) to uphold and fulfill.

The next part of the session was an orientation on UNCRC.

- Participants were told that The United Nations Convention on the Rights of the Child (UNCRC) is a comprehensive, internationally binding agreement on the rights of children, adopted by the UN General Assembly in 1989. It incorporates children's:
 - **Civil and political rights** (like their treatment under the law);
 - **Social, economic and cultural rights** (like an adequate standard of living); and
 - **Protection rights** (from abuse and exploitation).
- Participants were also enlightened that There are four main sections to the UNCRC:
 - The **Preamble**, which sets out the major underlying principles of the UNCRC and provides a context for it;
 - The **substantive articles**, which set out the rights of all children and the obligations of governments (Part I, Articles 1-41);
 - The **implementation provisions**, which define how compliance with the UNCRC is to be monitored and fostered (Part II, Articles 42-45); and

- The **conditions** under which the UNCRC comes into force (Part III, Articles 46-54).

Moreover, **The Preamble** states The Preamble of the UNCRC acknowledges the family as the fundamental unit of society and the natural environment for the growth and well-being of children. The Preamble also states that the family should be afforded the necessary protection and assistance so that it can fully assume its responsibilities within the community.

The Substantive Articles says that each of the substantive articles, Articles 1-41, details a different type of right.

A common approach to the UNCRC is to group these articles together under the following themes:

- **Survival rights:** include the child's right to life and the needs that are most basic to existence, such as nutrition, shelter, an adequate living standard, and access to medical services.
- **Development rights:** include the right to education, play, leisure, cultural activities, and access to information, and freedom of thought, conscience and religion.
- **Protection rights:** ensure children are safeguarded against all forms of abuse, neglect and exploitation, including special care for refugee children; safeguards for children in the criminal justice system; protection for children in employment; protection and rehabilitation for children who have suffered exploitation or abuse of any kind.
- **Participation rights:** encompass children's freedom to express opinions, to have a say in matters affecting their own lives, to join associations and to assemble peacefully. As their abilities develop, children are to have increasing opportunities to participate in the activities of their society, in preparation for responsible adulthood.

In reply to a question, Ms. Noor ul Ain told the participants that Within the UNCRC, four articles are afforded special emphasis, as they are basic to the implementation of all other rights. These four articles are often referred to as 'general principles'. These are:

- That all the rights guaranteed by the UNCRC must be available to all children without discrimination of any kind (Article 2);
- That the best interests of the child must be a primary consideration in all actions concerning children (Article 3);
- That every child has the right to life, survival and development (Article 6); and

- That the child's view must be considered and taken into account in all matters affecting him or her (Article 12).

So, on the whole it can be concluded that The UNCRC has adopted an integrated and holistic approach to the rights of the child, not least because economic, social and cultural rights are dealt together with civil and political rights. Moreover, rights are not ranked in order of importance; instead they interact with one another to form dynamic parts of an integrated document.

Session: Issues of Child Protection in Pakistan and Possible Response Strategies
Facilitator: Ms. Shazia Jamal (SEHER Organization)

The next session was on Issues of Child Protection in Pakistan and Possible Response Strategies. The session was headed by Ms. Shazia Jamal Program Officer SEHER Organization who sensitized the participants on this topic and cleared the concepts of the participants.

Ms. Shazia Jamal started with the definition of the some common terms like abuse and its types.

She also quoted some facts and figures regarding children like:

- Around 40 million children around the world are abused each year
- Up to 15 per cent of all children are thought to have been sexually abused
- Up to 1.8 million children are involved in prostitution or pornography and 1.2 million have been trafficked
- Between 80 and 93 per cent of children suffer some form of physical punishment in their homes
- Up to 53,000 children are murdered each year
- 2 million children have been killed in armed conflict since 1990
- There are 300,000 child soldiers at any one time
- 126 million children are engaged in hazardous work, 8 million in the worst forms.

ACTIVITY

After the session, the participants were divided into different groups and were asked to write down the types of abuses. Later on, all these groups were asked to present their noted down points and to share these points with their fellows. A healthy debate was generated and representatives from all the groups presented their points to their fellows.

Session: Legal Implications Regarding Child Protection in Pakistan
Facilitator: Aamir Gilani Program Manger Plan International Pakistan

Mr. Aamir Gilani enlightened the participants on Legal Implications regarding child Protection in Pakistan. He talked about various type of legislation in this regard.

This was an interactive session in which the participants asked about the legal procedures that how and which type of cases can be reported.

He also quoted various laws like Female Infanticide prevention Act, 1870, mines Act 1923, Child Marriage Restraint Act, Children (Pledging of Labor Act), 1933, the factories Act 1934, Workers Children Education Ordinance 1972, Employment of Children Act 1991 and others.

In reply to a question regarding Punishment incase of violation of these acts, Mr. Aamir Gilani told the participants that there is punishment

- Imprisonment for a term which may extend to one year or with a fine which may extend to twenty thousand rupees or with both.
- Complaint to the Relevant Police Station
- Private Complaint to the relevant/concerned Magistrate

The session added a great deal of valuable information to the knowledge of participants.

Session: Volunteerism and Referral System
Facilitator: Syed Ishtiaq Ul Hassan Gilani

After Tea Break, the session resumed which was on Volunteerism and Referral system. The session was headed by CEO UGOOD Syed Ishtiaq ul Hassan Gilani. The session began with an exciting activity which aimed at giving the participants the concept of “Helping Hands”.

Afterwards the volunteers were shown a short motivational video addressing the concept of Volunteerism.

Afterwards Syed Ishtiaq ul Hassan Gilani started with the introduction of UGOOD that United Global Organization of Development-UGOOD is a non-profit, non-political and non-government organization, duly registered with the Government of Pakistan under Trust Act 1882 in Islamabad Capital Territory (ICT).

He enlightened the participants on the concept of Volunteerism that a "Volunteer" is anyone who, without compensation or expectation of compensation beyond reimbursement, performs a task in support of certain aims and objectives.

He also discussed the Volunteers for Child Protection V4CP project and the objectives of the project which are

- Awareness
- Sensitization
- Identification
- Motivation
- Data Collection
- Systemization
- Promotion of Culture of Volunteerism
- ERT (Emergency Response Team)

He also involved the participants in the debate by taking ideas from them that how can volunteers contribute towards the imparting their role regarding Child Protection? Volunteers gave some very

good ideas regarding that. They said that those who are media students can use media as a forum for projecting child issues.

After this he told the participants about their duties that their duties include

- Education of people around you on Child Rights and Protection Including your parents, friends, peers, colleagues, neighbors
- Creating Awareness about Child Rights and Protection e.g. by making a chart and displaying in your university/college
- Vigilance on Child Rights Violations- Be attentive
- Reporting of Incidents to UGOOD-V4CP

He also told the volunteers about their target areas where the volunteers are supposed to stay vigilant.

- Markaz & Markets
- Mosques, Imam Bargahs, Church
- Schools, Colleges, Universities
- Public Parks
- Housing Societies
- Hospitals
- Weekly bazaars
- Restaurants & Hotels
- Office Building
- Resident area sectors
- Roads & streets
- Bus stops
- Intersections

Syed Ishtiaq ul Hassan also enlightened the participants on V4CP Cell and Referral System and said that

Afterwards, he also told the participants that they can contact V4CP Cell

- They Observe a Child Right Violation
- In case they want to share an observation that could lead to Child Rights Violation

- In case they want to report your activities/achievements
- In case they want to share a new idea about UGOOD-V4CP

Session: Effective Training Skills
Facilitator: S. Saleem Shah

The last session of the 3rd workshop was on Effective Training Skills, which was headed by S. Saleem Shah. This was indeed a very informative session as he gave the participants some important tips regarding Effective Training Skills.

After telling the volunteers that who is a trainer, S. Saleem Shah quoted a Trainers Competencies

- ❖ Learner focus
- ❖ Communication
- ❖ Innovation
- ❖ Leadership
- ❖ Personal effectiveness
- ❖ Resource management
- ❖ Result orientation
- ❖ Strategic thinking
- ❖ Team work
- ❖ Versatility
- ❖ Awareness of system

He also gave some magical tips regarding effective training

- 1 % inspiration, 99% Preparation

- Are they sitting comfortably?
- Ice breaker and Rule maker
- Delivering the goods
- Different strokes for different folks
- Be Flexible
- Be nonjudgmental
- Be Lively
- Be self-aware

With this the presentations came to an end.

After signing the code of conduct, certificates were awarded among the participants after the successful completion of training by Ms. Siema, Chief Coordinator UGOOD U.S.A Chapter and Executive body of UGOOD and Plan International Pakistan.

Later on, observer Mr. Imtiaz Ahmed National Program Manger congratulated both the organizations and volunteers on the successful training of Workshop. He asked the volunteers to spread this awareness among their peer groups and fellow members.

Afterwards Mr. Haris Qayyum from OXFAM was present as a guest of honor. He shared his thoughts about the workshop. He really acknowledged the efforts of UGOOD and Plan International Pakistan towards Child Protection and said that these types of initiatives should be taken as the child protection is one of the core issues of Pakistan.

Next, Executive Member UGOOD, Ms. Shaista Bano Gilani congratulated the volunteers on the successful completion of the training.

Later on Program Manager from Plan International Rashid Mr. Aamir Gilani congratulated the volunteers on the successful completion of the workshop. He shared his thoughts and asked the volunteers to become the agents of the change and set example for others.

After signing the code of conduct the microphone was in the control of artists of Master Production. A short stage drama with duration of 15 minutes was presented by the artists of Master Productions whose script was written by Program Manager UGOOD Ms. Shehneela Mazhar. The performers included Malik Abdul Faheem, Malik Abdul Kareem (Roshan), Kiran Rehman, Maha (Child Star) and Tanir Imtasal (Child Star). The play very beautifully highlighted the emotions and feelings of underage children, who are compelled to work in houses because of poverty. It received standing applause from the audience

The workshop met a complete success and ended in group photos and break. With this the target of training 100 plus volunteers has been accomplished very successfully.

Since V4CP Workshops on Child Protection along with promoting Volunteerism has created a huge impact among Youth in Twin Cities.

It is highly demanded by the Students and all walks of life to replicate these Workshops to other Cities as well

RECOMMENDATIONS & SUGGESTIONS

CONCLUSION

The target of training and sensitizing 100 Volunteers on Child Protection (V4CP) has been successfully accomplished. Although the target was to training 100 Volunteers on Child Protection but because of a huge response from the participants, we have exceeded our target and have successfully accommodated and trained 111 Volunteers on different dimensions of Child Protection. There was a huge impact of these workshops on Child Protection especially among the students of Twin Cities. So far we have registered more than 600 students requesting the similar training workshops on Child Protection.

Since V4CP Workshops on Child Protection along with promoting Volunteerism has created a huge impact in Twin Cities. It is highly demanded by the Volunteers especially from Students and all walks of life to replicate these Workshops to other Cities as well. Soon after the completion of workshops, we have started receiving the reporting of cases being done by our volunteers. It is after taking these sessions that attendants of the workshops have come to know about the concept of volunteerism. They have also got awareness that how they can act as “Agents of Change”. After these sessions, participants have come to know that how to tackle different issues of Child Protection in our surroundings, where and how to report different issues of Child Protection.

IMPACT AND RECOMMENDATIONS

The response of students in this regard is very warm. The students of IIUI are going to conduct debates contest on Child Protection in the following month.

Media students have taken advocacy initiatives in this regard and have advocated this issue of Child Protection on different forums by writing and speaking about this issue like writing blogs, features and columns.

It is strongly recommended that to increase the radius of these training workshops from twin cities to all over Pakistan.

Students have recorded their observations regarding different issues of Child Protection and have reported their findings to V4CP Cell like their visits to slum areas, brick kilns and iron manufacturing factories.

FIRST CP REPORTING CASE TO V4CP COMMITTEE

On Friday May 18, 2012, Qaran Ashfaq age 16, resident of Kachi Abbadi Islamabad approached V4CP Cell for some help. She explained her younger sister Jamayma Ashfaq age about 14 years old and she ran out of the home because they were scared that Christine Community and her father who is extremely religious Bishop will kill them. She further explained that they have both embraced the Islam. Qaran Ashfaq got court marries with Muslim guy and changed her name to Kiran Ashfaq.

Her father Bishop Ashfaq files FIR against her husband and 6 unknown people that his both daughters have been kidnapped. Kiran Ashfaq and her sister appeared before the magistrate and record their statements that no one has kidnapped them and they don't want to live with their family.

According to UNCRC both sisters are under the age of 18 years old and not sensible yet to make the decision. UGOOD-V4CP Committee has provided them Legal Aid and temporary shelter to both sisters until unless court decision prevails.

Last week court has given the decision in the favors of both sisters since Kiran Ashfaq is above the age of 16 years old and according to the Pakistan Law anyone who is the age of 16 and above is adult and could get marry and live freely. Since Ms. Jamayma is under 16 and doesn't want to join her family she has sent to Women Crises Centre Islamabad.

Ms. Jamayma Ashfaq's new name Ms. Sara Ashfaq appeared before the court and recorded her statement again that she want to live with her sister Kiran Ashfaq neither she want to live in Women Crises Centre not want to go back to her parents home.

Since this is a Child Protection issue UGOOD-V4CP Committee with its full support continuously getting follow ups with their case and status...

Note: So far there are 5 Child Protection cases has been reported to UGOOD-V4CP Committee!

ANNEXURE-1

SCHEDULE SHEETS OF TOTS WORKSHOP

February 27, 28 and 29, 2012

February 24, 2012 - Day First

Time	Activities	Responsibility
10:00-10:15 a.m.	Registration	Workshop Coordinator Naila
10:15-10:20 a.m.	Recitation of Quran	Mr. Rizwan Ullah
10:20-10:45 a.m.	Participant's Introduction	Workshop Coordinator Ms. Shehneela Mazhar
10:45:11:00	Opening Remarks	Ms. Shaista Bano (Executive Director-UGOOD)
11:00-11:30	Tea Break	
11:30-01:00	UNCRC and Current Scenario of Child Rights in Pakistan	Mr. Farhat Aalam (Plan International)
01:00-02:00	Lunch and Prayer Break	
02:00-02:05	Attendance	Workshop Coordinator Mr. Sohail
02:05-03:30	Issues of Child Protection in Pakistan and Remedies	Ms. Madiya (Plan International)

February 25, 2012 - Day Second

Time	Activities	Responsibility
10:00-10:10 a.m.	Attendance of the Participants	Workshop coordinator Ms. Naila
10:10-10:20 a.m.	Recitation of Quran	Rizwan Ullah (UGOOD)
10:20:11:30 a.m.	Gender Sensitivity and Gender Based Violence	Ms. Shmyalla (Plan International)
11:30-12:00	Tea Break	
12:00-01:00	Fundamentals of Human Rights	Mir Waiz SSP Security
01:00-02:00	Lunch Break	
02:00-03:00	Legal Implications regarding Child Protection in Pakistan	Mr. Noman Amin Farooqi (Advocate High Court)

February 26, 2012 - Day Third

Time	Activities	Responsibility
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10:00-10:10 a.m.	Attendance of the Participants	Workshop coordinator Ms. Naila
10:10-10:20 a.m.	Recitation of Quran	Mr. Rizwan Ullah
10:20-11:30	Volunteerism and Referral System	Syed Ishtiaq-ul-Hassan Gilani (C.E.O. UGOOD)
11:30-12:00	Tea Break	
12:00-01:00	Training Skills of an Effective Trainer	Dr. Fakhir
01:00-01:30	Assessment of the Training	Workshop Coordinator Ms. Shehneela Mazhar
01:30:02:00	Closing Remarks And Word of thanks	Syed Ishtiaq-ul-Hassan Gilani (CEO-UGOOD)
02:00 and onwards	Lunch and Pack Up	

ANNEXURE-1.2

SCHEDULE SHEET OF 2ND V4CP WORKSHOP

March 17 and 18, 2012

March 17, 2012 - Day First

Time	Activities	Responsibility
09:30-09:35 a.m.	Recitation of Quran	Mr. Rizwan Khan
09:35-09:50 a.m.	Participants Introduction	Ms. Shehneela Mazhar (Program Coordinator)
09:50-10:00	Opening Remarks	Ms. Madam Shaista (Executive Director UGOOD)
10:00-11:00	UNCRC and Current Scenario of Child Rights in Pakistan	Ms. Shazia Jamal (SEHER Organization)
11:00-12:00	Issues of Child Protection in Pakistan and possible response strategies	Ms. Kiran Rehman
12:00-12:15	Tea Break	
12:15-01:15	Gender Sensitivity and Gender based violence	Ms. Hira Rehman
01:15-02:15	Fundamentals of Human Rights	Mr. Sohail Bajwa
02:15-onward	Lunch and Pack up	

March 18, 2012 Second Day

Time	Activities	Responsibility
10:00-10:05	Recitation	Mr. Rizwan Khan
10:00-10:20	Recap of previous day's activities	Ms. Shehneela Mazhar (Program Coordinator)
10:20-11:00	Types of Child Protection violations in Pakistan	Ms. Umama and Ms. Aisha Khan
11:00-12:00	Volunteerism and Referral System	Syed Ishtiaq ul Hassan Gilani (CEO UGOOD)
12:00-12:15	Tea Break	
12:15-01:15	Training Skills of an Effective Trainer	Syed Saleem Shah

01:15-02:00	Legal Implications regarding Child Protection in Pakistan	Mr. Noman Amin Farooqi (Advocate High Court)
02:00-02:30	Closing Remarks and Certificate Awarding ceremony	Syed Ishtiaq ul Hassan Gilani (CEO UGOOD)
02:30-onwards	Lunch	

ANNEXURE-1.8

SCHEDULE SHEET OF 3RD V4CP WORKSHOP

April 28, 29 2012

April 28, 2012 - Day First

Time	Activities	Responsibility
09:30-09:35 a.m.	Recitation of Quran	Mr. Rizwan Khan
09:35-09:50 a.m.	Participants Introduction	Ms. Shehneela Mazhar (Program Coordinator)
09:50-10:00	Opening Remarks	Ms. Shaista Bano (Executive Director UGOOD)
10:00-11:00	UNCRC and current scenario of Child Rights in Pakistan	Ms. Noor Ul Ain
11:00-12:00	Fundamentals of Human Rights	Ms. Madiha Mukhtar Ms. Zainab Arshad Malik
12:00-12:15	Tea Break	
12:15-01:15	Issues of Child Protection in Pakistan and Possible Response Strategies	Ms. Shazia Jamal (SEHER Organization)
01:15-02:15	Gender Sensitivity and Gender Based Violence	Ms. Shehneela Mazhar Ms. Sidra Khan
02:15-onward	Lunch and Pack up	

April 29, 2012 Second Day

Time	Activities	Responsibility
10:00-10:05	Recitation	Mr. Rizwan Khan
10:00-10:20	Recap of previous day's activities	Ms. Shehneela Mazhar (Program Coordinator) Ms. Saba Noreen
10:20-11:00	Volunteerism and Referral System	Syed Ishtiaq Ul Hassan Gilani (CEO UGOOD)
11:00-12:00	Training Skills of an Effective Trainer	Syed Saleem Shah

12:00-12:15	Tea Break	
12:15-01:15	Legal Implications regarding Child Protection in Pakistan	Mr. Noman Amin Farooqi (Advocate High Court)
01:40-02:15	Closing Remarks and Certificate Awarding ceremony	Syed Ishtiaq ul Hassan Gilani (CEO UGOOD)
02:15-onwards	Lunch and Group Photos	

V4CP MEMBERSHIP FORM

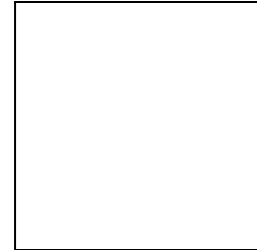
ANNEXURE-2

Volunteer For Child Protection-V4CP

A joint workshop of United Global Organization Of Development-UGOOD and Plan International Pakistan

PERSONAL INFORMATION FORM

(The form is to be duly filled and signed by the applicant)



First Name:

Last Name:

Father Name:

NIC/ B-Form No:

(Photo)

Qualification:

University/College/School:

Profession:

Communication Skills English
Pashto

Urdu
Sindhi

Punjabi Balochi
Others.....

Date of Birth: **Blood Group:**

Contact Information:

Postal address:
.....

Mobile Phone Number
.....

Resident Phone Number
.....

Email address
.....

Prior exposure to any workshop (Optional)

.....
.....
.....
.....

Volunteer

Signature of

ANNEXURE-3

V4CP WORKSHOP ASSESSMENT FORM

S. No	Name	Punctuality	Discipline	Body Language	Communication Skills	Participation	Total	Grade
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
11								
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ANNEXURE-4

REPORTING FORM OF V4CP

1. Volunteer Particular:-

Name:	National Volunteer Number:
Date:	Place:

2. Child Particular:-

Name:	Nick Name:			
Sex: Male	Female			
Age: 0-5	6-10	11-15 16-18		
Status: Accompanied	Unaccompanied			
	Separated			
Ethnic Background:	Punjabi	Sindhi	Baluchi	Saraiki
	KPK	GB	Kashmir	Others
Religion: Muslim	Christian	Hindu	Sikh	Others
Disability: Yes	No	If yes please specify....		
Height	Weight	Complexion		

3. Family Particulars:-

Father name:	NIC:	Contact:
Mother Name:	NIC:	Contact:
Addresses:		
Present address:		
Permanent address:		

4. Child Custody:-

Child handed over to:	SWD Edhi Centre	NGO Extended Family	INGO Drop in Centre	Police
Name of the Person/Organization:	Designation/Professional:			
Contact Details:	NIC:			

5. Declaration:-

I solemnly affirm and declare that the above information furnished is true to the best of my knowledge and belief.
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Signature:-----

LIST OF PARTICIPANTS IN TOTs WORKSHOP

February 24, 25 and 26 2012

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SECOND TRAINING WORKSHOP ON CHILD PROTECTION

March 17 and 18, 2012

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THIRD WORKSHOP OF VOLUNTEERS ON CHILD PROTECTION

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